Let's Get Healthy Tullahoma!

Health & Fitness Expo

Northgate Mall • Sat., Aug. 24 • 9:00 A.M. - Noon

Get Fit! Tullahoma is hosting a free community health fair that will include health and fitness booths, health screenings, fitness demonstration, THS Coach Olive and fun for the whole family. First fifty students to receive free game tokens to play the newest arcade games.

For a complete schedule and to learn more about a weight loss and Diabetes management class you can attend, go to http://www.tullahomatn.gov/get-fit/

NORTHGATE MALL & Arcade

HARTON REGIONAL MEDICAL CENTER

GET FIT TULLAHOMA