



South Central  
Regional Office

**FOR IMMEDIATE RELEASE**

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### **SOUTH CENTRAL REGIONAL HEALTH OFFICE OFFERS COVID-19 INFORMATION LINE**

Columbia, Tenn. – The South Central Regional Health Office has created an information line for local residents and healthcare providers to call with questions or concerns related to the COVID-19 novel coronavirus. Tennessee Department of Health employees started taking calls on Thursday, March 19<sup>th</sup>.

The information line is 931-490-8312 and is designed to provide callers with trusted information related to COVID-19. Residents with medical questions will be referred to their health care provider. TDH has additional information available at [www.tn.gov/health/cedep/ncov.html](http://www.tn.gov/health/cedep/ncov.html). The CDC has updated information and guidance available online at <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

The information line will be open Monday through Friday from 8:00 a.m. to 4:30 p.m.

#### **Recommended Precautions**

Tennesseans are encouraged to take routine precautions used in guarding against respiratory viruses:

- Wash your hands often with soap and water. Use alcohol-based hand sanitizer if soap and water are not available.
- Cover your mouth and nose with a tissue when coughing or sneezing
- Don't touch your eyes, nose or mouth with unwashed hands
- Stay home if you are sick
- Stay away from people who are sick
- Flu shots are available for free at your local health department.

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Visit the Tennessee Department of Health online at [www.tn.gov/health](http://www.tn.gov/health).

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